

HISTORY AT HOME

#TXHistoryAtHome

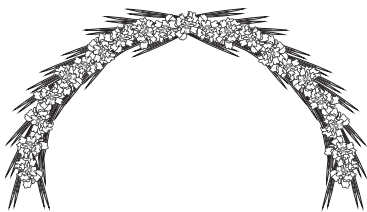
Hispanic Heritage

EL DIA DE LOS MUERTOS, or the Day of the Dead, is celebrated October 31–November 1. The spirits of dead children (*angelitas*) are invited to visit their earthly families on All Hallows Eve, October 31. Adult spirits visit on All Saints Day, November 1. People visit cemeteries to celebrate family who have passed away on November 2.

An *ofrenda*, or altar, is built so the souls of the dead can return to enjoy what they loved. To make your own *ofrenda*, set a table with tablecloth and decorate with *papel picado* (colorful paper cut into patterns). Place photos of your loved one and a few of their personal things on the table. Offerings typically include Mexican cuisine like *tamales*, fruit, and other favorite foods.

HERE ARE SOME COMMON ITEMS YOU CAN USE TO BUILD AN OFRENDA:

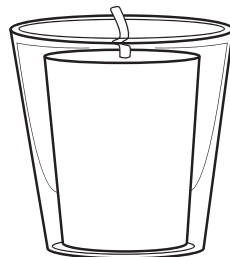
ARCH represents the passage between life and death



CALAVERAS DE AZUCAR/sugar skulls



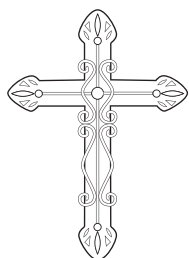
CANDLES



COPAL, incense



CROSSES AND PHOTOS OF SAINTS



MONARCH BUTTERFLIES symbolize your ancestors' journeys back to Earth



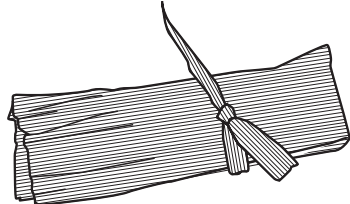
DEPARTED LOVED ONES' FAVORITE THINGS



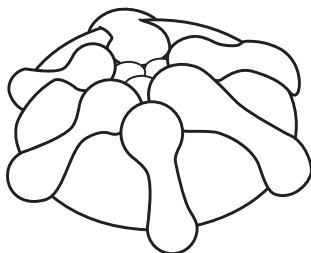
FLOWERS include marigolds, chrysanthemum, and more



FOOD includes tamales, pumpkin seeds, and hot chocolate



PAN DE MUERTO/Bread of the Dead



PAPEL PICADO



PHOTOS



Continued on back

DRAW AN *OFRENDA*. Who would you like to honor? What were a few of their favorite things? Did they have a favorite food? Don't forget to add their photo and make sure you put out a glass of water for them—they're going to be thirsty after their long trip! If you get stuck, look up *ofrendas* online for ideas.



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